Logo

Description automatically generated

***VeriCat Disclaimers***

Doctrinal Disclaimer: This VeriCat.org opensource catechesis material does not come with an ecclesial nihil obstat or imprimatur (it has not been reviewed or approved by ecclesiastical authority). It is recommended that anyone using this material should consult with their pastor or other competent authority prior to using it. Reasonable assurance of this material’s faithfulness to Catholic teaching can be obtained by searching for “QU-0523-0004” on VeriCat.org and viewing the “verification file”, which contains copious citations to Magisterial documents that support key statements in the material. Please leave a contention on this material’s webpage (VeriCat.org/QU-0523-0004) if you believe there is an error or typo in it.

Copyright Disclaimer: Under section 107 of the Copyright Act of 1976, allowance is made for “fair use” of copyrighted materials for purposes such as criticism, comment, news reporting, teaching, scholarship, education and research. Citations and limited excerpts of copyrighted material that might otherwise be infringing are permitted for “fair use” without the need for permission from the rights holder. Users contributing materials to VeriCat.org have agreed that to the best of their knowledge they have not plagiarized or violated any copyrights. If you believe a copyright infringement has occurred, please report it to [director@vericat.org](mailto:director@vericat.org) and we will work to resolve the issue.

**A cat with a cross and a magnifying glass

Description automatically generated with medium confidence**

**CATHOLIC BENCHMARK QUIZ**   
Please leave a review at VeriCat.org/**QU-0523-0004**

*For each quiz question there is also an explanation for the correct answer as well as a reference to relevant portions of the* Catechism of the Catholic Church (CCC)*. The CCC is referenced by paragraphs, so CCC 245 means paragraph 245, not page 245. If your family does not have a physical copy of the CCC, you can access a digital copy online at the Vatican’s website or at the United States Council of Catholic Bishop’s (USCCB) website:*

[*http://www.vatican.va/archive/ENG0015/\_INDEX.HTM*](http://www.vatican.va/archive/ENG0015/_INDEX.HTM)

[*https://www.usccb.org/sites/default/files/flipbooks/catechism/*](https://www.usccb.org/sites/default/files/flipbooks/catechism/)

**Catholic Benchmark Quiz Answer Key** Name: \_\_\_\_\_\_Answer Key\_\_\_\_\_\_\_

1. **What does Christ mean?**
2. God c. It was Jesus’ last name
3. Anointed one d. Jew

***CCC 436***

1. **True or False: God the Father is greater than the Holy Spirit.**

**CCC 245**

1. **True or False: Jesus was made by the Father.**

**CCC 241-242**

1. **True or False: Jesus is God.**

**CCC 446** *THIS IS IMPORTANT. Knowing that Jesus is God changes the entire meaning of the Bible and the entire meaning of your life.*

1. **True or False: At Mass, the bread and wine literally become Jesus’ body and blood.**

**CCC 1357**

1. **Who wrote the Bible?**
2. The Angel Gabriel c. The Romans
3. Jesus d. Humans inspired by the Holy Spirit

**CCC 106**

1. **True or False: In general, abortion is morally acceptable and is not a sin.**

**CCC 2271**

*Most women who have obtained abortions felt pressured into it. Women who have had an abortion should seek healing and forgiveness in the Catholic Church and be shown the utmost love and support as it can be a traumatic experience. “Rachel’s Vineyard” is a ministry specifically meant to help women who have had abortions (and men who pressured them into it) find healing.*

[*http://www.rachelsvineyard.org/*](http://www.rachelsvineyard.org/)

1. **True or False: You have to believe evolution doesn’t exist to be a Christian.**

**CCC 295 and Humani Generis Paragraph 38**

1. **How often do *YOU* usually pray?**
2. More than once a day c. Once a day
3. Once a week d. Less than once a week

**CCC 2744**

1. **How often do *YOU* go to Mass?**
2. More than once a week c. Once a month
3. Once a week d. Less than once a month

**CCC 2181**

1. **True or False: If you commit a mortal sin, you have to go to confession before receiving communion at Mass.**

**CCC 1415**

1. **Who goes to hell?**
2. All people who aren’t Christians. b. Hell doesn’t exist.
3. People that explicitly or implicitly d. Only murderers.

choose to go there.

**CCC 1056-1058**

1. **True or False: After death you will forever be transformed into a spirit (an angel).**

**CCC 997**

1. **Who can a valid sacramental marriage in the Catholic Church be between?** 
   1. A man and a woman. c. A woman and a woman.
   2. A man and a man. d. All of the above.

*Those especially interested in the topic should take the time to watch* [*The Third Way: Homosexuality and the Catholic Church - YouTube*](https://www.youtube.com/watch?v=6rgDLWOFCRA) *.*

**CCC 1601 & 2357-2359**

1. **How often do *YOU* go to Confession?** 
   1. Once a month or more c. Once every few months
   2. Once a year d. Less than once a year
2. **Do you do anything special on Fridays in Ordinary Time for penance (if yes, what)? Yes or No**

**Code of Canon Law: Can. 1249-1252**

1. **True or False: Everyone in heaven experiences the same perfect reward and an equal amount of glory (i.e., either you’re in heaven or you’re not and that’s all there is to it)**.

**Matt. 16:27** *“(Jesus) will render to every one according to his works”*

**1 Corinthians 3:8** *“And every man shall receive his own reward, according to his own labor”*

1. **Short Answer: In as much detail as you can, explain what the difference is between Catholicism and other branches of Christianity?**

*We will explore this throughout the rest of the program.* **CCC 1398-1401**

1. **Short Answer: In as much detail as you can, explain Purgatory and Indulgences.**

**CCC 1030-1031** **CCC 1471-1479**