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# CATHOLIC BENCHMARK QUIZ

Please leave a review at VeriCat.org/**QU-0523-0004**

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For each quiz question there is also an explanation for the correct answer as well as a reference to relevant portions of the Catechism of the Catholic Church (CCC). The CCC is referenced by paragraphs, so CCC 245 means paragraph 245, not page 245. If your family does not have a physical copy of the CCC, you can access a digital copy online at the Vatican's website or at the United States Council of Catholic Bishop's (USCCB) website:

[http://www.vatican.va/archive/ENG0015/\\_INDEX.HTM](http://www.vatican.va/archive/ENG0015/_INDEX.HTM)

<https://www.usccb.org/sites/default/files/flipbooks/catechism/>

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## Catholic Benchmark Quiz Answer Key

Name: \_\_\_\_\_ Answer Key \_\_\_\_\_

### 1. What does Christ mean?

- a. God
- b. Anointed one
- c. It was Jesus' last name
- d. Jew

CCC 436

### 2. True or False: God the Father is greater than the Holy Spirit.

CCC 245

### 3. True or False: Jesus was made by the Father.

CCC 241-242

### 4. True or False: Jesus is God.

CCC 446 *THIS IS IMPORTANT. Knowing that Jesus is God changes the entire meaning of the Bible and the entire meaning of your life.*

### 5. True or False: At Mass, the bread and wine literally become Jesus' body and blood.

CCC 1357

**6. Who wrote the Bible?**

- a. The Angel Gabriel
- b. Jesus
- c. The Romans
- d. Humans inspired by the Holy Spirit

CCC 106

**7. True or False: In general, abortion is morally acceptable and is not a sin.**

CCC 2271

*Most women who have obtained abortions felt pressured into it. Women who have had an abortion should seek healing and forgiveness in the Catholic Church and be shown the utmost love and support as it can be a traumatic experience. "Rachel's Vineyard" is a ministry specifically meant to help women who have had abortions (and men who pressured them into it) find healing.*

<http://www.rachelsvineyard.org/>

**8. True or False: You have to believe evolution doesn't exist to be a Christian.**

CCC 295 and Humani Generis Paragraph 38

**9. How often do YOU usually pray?**

- a. More than once a day
- b. Once a week
- c. Once a day
- d. Less than once a week

CCC 2744

**10. How often do YOU go to Mass?**

- a. More than once a week
- b. Once a week
- c. Once a month
- d. Less than once a month

CCC 2181

**11. True or False: If you commit a mortal sin, you have to go to confession before receiving communion at Mass.**

CCC 1415

**12. Who goes to hell?**

- a. All people who aren't Christians.
- b. People that explicitly or implicitly choose to go there.
- c. Hell doesn't exist.
- d. Only murderers.

CCC 1056-1058

13. True or **False** After death you will forever be transformed into a spirit (an angel).

CCC 997

14. Who can a valid sacramental marriage in the Catholic Church be between?

- a. A man and a woman.
- b. A man and a man.
- c. A woman and a woman.
- d. All of the above.

Those especially interested in the topic should take the time to watch [The Third Way: Homosexuality and the Catholic Church - YouTube](#).

CCC 1601 & 2357-2359

15. How often do **YOU** go to Confession?

- a. Once a month or more
- b. Once a year
- c. Once every few months
- d. Less than once a year

16. Do you do anything special on Fridays in Ordinary Time for penance (if yes, what)?

**Yes** or No

Code of Canon Law: Can. 1249-1252

17. True or **False** Everyone in heaven experiences the same perfect reward and an equal amount of glory (i.e., either you're in heaven or you're not and that's all there is to it).

**Matt. 16:27** "(Jesus) will render to every one according to his works"

**1 Corinthians 3:8** "And every man shall receive his own reward, according to his own labor"

18. Short Answer: In as much detail as you can, explain what the difference is between Catholicism and other branches of Christianity?

We will explore this throughout the rest of the program. **CCC 1398-1401**

19. Short Answer: In as much detail as you can, explain Purgatory and Indulgences.

CCC 1030-1031 CCC 1471-1479